

## Forsyth Senior Center Menu March 2020 🚛



	Monday	Tuesday	Wednesday	Thursday	Friday
2	Calico Beans Coleslaw Fruit Salad Bars	Oven Chicken  Mashed Potatoes & Gravy  Mixed Vegetables  Fruit	Corn Chowder Egg Salad Sandwiches Fruit Cobbler Veggie Tray	5 COOK'S CHOICE	Beef & Noodles Harvard Beets Fruit Cookies
9	Hamburger on a Bun Tater Tots Green Salad Vegetable Tray Fruit	Chicken Enchilada's Refried Beans Green Salad Fruited Rice	Ham & Bean Soup Corn Bread Vegetable Salad Pineapple Cake	Waffles Sausage Links Bacon Fresh Fruit	Rueben Casserole Copper Penny Salad Green Salad Lime Jell-O Cake Pears
16	Chicken Strips Macaroni Salad Vegetable Salad Fruit	17 TACO TUESDAY	Cheesy Broccoli Soup Beef Sandwiches Chicken Sandwiches Relish Tray Fruit Salad	19 COOK'S CHOICE	Baked Fish Baked Potatoes Creamed Peas Tossed Salad Fruit
23	Weiner's & Kraut Oven Potatoes Green Beans Mixed Fruit Cake	Pork Fritters Mashed Potatoes Mixed Vegetables Applesauce	Chili Grilled Cheese Sandwiches Vegetable Tray Pears	Chicken & Rice Mixed Vegetables Fruited Jell-O Brownies	Swedish Meatballs Mashed Potatoes Broccoli Normandy Fruit Dessert
30	Sloppy Jo's Coleslaw 3 Bean Salad Relish Tray Fruit	3128 COOK'S CHOICE	Chicken Noodle Soup Beef Sandwiches Carrot Raisin Salad Fruit	Breakfast Quiche Green Salad Fresh Fruit Muffins	Goulash Corn Green Beans Fruit

PLEASE CALL BY 9:30 346-2878

SUGGESTED DONATION FOR SENIORS \$4.00 PRICE FOR NON-SENIORS \$7.00

ALL MEALS ARE SERVED WITH WATER, COFFEE, TEA, JUICE, AND **2% MILK** 

**ALL MEALS ARE SUBJECT TO CHANGE**